



# BREAKFAST MENU

## SMOOTHIES

### BREAKFAST SMOOTHIE:

OATS / BERRIES / ALMOND MILK / BANANA **€4.90**

### BAILEYS:

DATES / CASHEW / BANANA / ALMOND MILK **€5.50**

### SNICKERS:

PEANUT BUTTER / ICE CREAM / BANANA / ALMOND MILK **€5.50**

### AVOCADO HEAVEN:

AVOCADO / SPINACH / COCONUT MILK / BANANA **€5.50**

## HAPPY VIBE BREAKFAST

Chickpea Scramble, Bean Sausages, Tofu Bacon, Beans in Tomato, Garlic & Chili Sauce, Roasted Nutty Mushrooms, Tomatoes served with Organic Sourdough Bread. Tea or Coffee Included **€11.50** (1.6)

## BOWL OF BEANS

Beans in Tomato, Garlic & Chili served with Avocado and Bread.  
(Recommended: Add Cheese 0.90 | Bacon 0.90) **€5.90**

## SMOOTHIE BOWL

Oats, Berries, Almond Milk, Banana Smoothie Bowl topped with Coconut Granola **€6.50**

## FARMER BREAKFAST BOWL

Brown Rice with Spinach, Mushroom, Sweet Potato Brisket topped with Avocado Guacamole (GF) **€9.90**

## BAKER BREAKFAST

Crispy Baked Jam Croissant or Plain, Breakfast Smoothie with Tea or Coffee **€8.90**

## STUFFED CROISSANT

Tofu Bacon & Cheese & Onion Jam  
(Chef recommends Guacamole or Avocado) (1) **€5.90**  
Chickpea Scramble with Mushrooms & Lettuce  
(Chef recommends Tofu Bacon) (1) **€5.90**

## FALAFEL WRAP

Organic Turmeric Falafel, Crunchy Lettuce, Tomatoes, Hummus. Add your sauce: Mayo / Buffalo / Aioli **€7.30** (1.6)

## SIDES:

Hummus **€1.90**

Avocado **€1.90**

Beans **€2.00**

Salsa **€2.00**

Bean Sausages **€2.00**

Tofu Bacon **0.90c**

Guacamole **€1.90**

Organic Sourdough Bread **0.90c**

Slice of Cheese **0.90c**

Homemade Sauces: Aioli / Buffalo Spicy / Ketchup / Mayo **0.50c**

[1. Cereals containing Gluten | 2. Crustaceans | 3. Eggs | 4. Fish | 5. Peanuts  
| 6. Soybeans | 7. Milk | 8. Nuts | 9. Celery | 10. Mustard | 11. Sesame Seeds  
| 12. Sulphur Dioxide and Sulphites | 13. Lupin | 14. Molluscs |

**100% PLANT BASED**