

LUNCH MENU

MAKE IT A MEAL:

ADD SMALL CHIPS & DRINK €2.90 | Add Sauce for 0.50c

BOWL OF HAPPINESS

Pulled Sweet Potato & Mushroom Briskets, Happy Guacamole, Marinated Tomato, Slaw, Brown Rice **€9.50** (9.6.10)(GF)

FALAFEL BUDDHA BOWL

Choose your 2 salads and choose your dip:

Hummus | Aioli | Buffalo Sauce **€9.90** (6)

VEGAN CHICKEN CAESAR SALAD

Crunchy Lettuce, Vegan Chicken (Seitan), Organic Garlic Croutons, Creamy Dressing, Sprinkled with Cheese **€10.50**

(Chef Recommends Tofu Bacon for €1.50) (1)

BLACK BEAN & SWEET POTATO BURGER BOWL

Choose your 2 salads, Buffalo Sauce, Caramelized Onion Jam

(Add Guacamole for €1.50) **€9.90** (GF)

POKE BBQ RIB BOWL

Tofu BBQ Ribs, Fermented Red Cabbage, Bean Sprout Slaw, Corn Crisps, Aioli **€9.90** (6)

THE WING BURGER

Vegan Chicken (Seitan), Crunchy Slaw, Creamy Cheese Sauce, Organic Seeded Bun **€9.90**

(Chef Recommends Tofu Bacon & Cheese for €1.50) (1.6.9.10)

THE DEVIL DIABLO

Black Bean & Sweet Potato & Sunflower Seed Burger, Melted Cheese, Marinated Tomato, Buffalo Spicy Sauce in Organic Seeded Bun

(Chef Recommends Tofu Bacon for €1)

Swap for another Sauce 0.50c (AIOLI / BUFFALO SPICY / MAYO) **€9.90** (6.10)

THE SLOPPY JOE

Black Bean & Sweet Potato & Sunflower Seed Burger, Melted Cheese, Tofu Bacon, Caramelised Onion, Aioli **€10.50** (1.6.9.10)

PAD THAI

Creamy Thai Sauce with veg & Rice Noodles served with Crushed Nuts, Edamame Beans, Crunchy Veg, Coriander & Chilli (Add Tofu Bacon for €1) (1.5.6.8) **€10.50**

FALAFEL WRAP

Falafel, Tomatoes, Hummus, Lettuce and add your Sauce:

Mayo /Buffalo / Aioli **€7.30** (1.6)

SOUP OF THE DAY

Soup made fresh with seasonal ingredients served with Organic Sourdough & Hummus **€5.50**

SIDES:

Hand Cut Double Cooked Chips & Sauce- AIOLI /

BUFFALO SPICY / KETCHUP / MAYO €3.90

Hummus €1.90

Avocado €1.90

Guacamole €1.90

Organic Sourdough Bread 0.90c

Slice of Cheese 0.90c

Selection of Sauces: AIOLI / BUFFALO SPICY / KETCHUP / MAYO 0.50c

DESSERTS:

Snickers Bar €3.00

Ferrero Rocher Ball €2.50

1 Scoop of Ice Cream €2.50

2 Scoops of Ice Cream €4.50

For more see the counter!

100% PLANT BASED

|1. Cereals containing Gluten |2. Crustaceans |3. Eggs |4. Fish |5. Peanuts
|6. Soybeans |7. Milk |8.Nuts |9. Celery |10. Mustard |11. Sesame Seeds
|12. Sulphur Dioxide and Sulphites |13. Lupin |14. Molluscs |

